

# Which flu vaccine should you or your child have



## Birth to under six months

Babies of this age **cannot** have flu vaccine so the best way to protect them is for their mother to have the vaccination while pregnant.

Expectant mothers can safely have the vaccine at any stage of pregnancy from conception onwards.



## 6 months to under 2 years

Is your child at risk because of one or more medical conditions or treatments?

**No** Your child will not be offered the vaccine.

**Yes** It's important that your child has the **flu vaccine by injection**. If your child has not had a flu vaccination before, they will need two doses, four weeks apart.



## 2, 3 and 4 years

Is your child at risk because of one or more medical conditions or treatments?

**No** It's important that your child has the **nasal flu vaccine**. If they can't have the nasal flu vaccine because they are allergic to it or for other medical reasons, they should have one dose of the **flu vaccine by injection** unless he or she has never had a flu vaccination before in which case they will need two doses four weeks apart.

**Yes** It's important that your child has the **nasal flu vaccine**. If they can't have the nasal flu vaccine because they are allergic to it or for other medical reasons, they should have the **flu vaccine by injection**. If your child has not had a flu vaccination before, they will need two doses of either type of vaccine, four weeks apart.



## 5 to under 9 years

Is your child at risk because of one or more medical conditions or treatments?

**No** Your child will not be offered flu vaccine, unless he or she is in one of the school flu vaccination pilot areas.

**Yes** It's important that your child has the **nasal flu vaccine**. If they can't have the nasal flu vaccine because they are allergic to it or for other medical reasons, they should have the **flu vaccine by injection**. If your child has not had a flu vaccination before, they will need two doses of either type of vaccine, four weeks apart.



## 9 to 17 years

Is your child at risk because of one or more medical conditions, including pregnancy, or treatments?

**No** Your child will not be offered flu vaccine, unless he or she is in one of the school flu vaccination pilot areas.

**Yes** It's important that your child has the **nasal flu vaccine**. If they can't have the nasal flu vaccine because they are allergic to it or for other medical reasons, including being pregnant, they should have one dose of **flu vaccine by injection**.



## 18 to under 65

Are you at risk because of pregnancy or one or more medical conditions or treatments?

**No** You will not be offered a flu vaccination.

**Yes** It's important that you have one dose of the **flu vaccine by injection**.



## 65 and over

You will be offered one dose of **flu vaccine by injection**.



## If you're pregnant

Pregnant mothers and their unborn babies need protection against flu. You will be offered one dose of the **flu vaccine by injection** which can be given safely at any stage of pregnancy from conception onwards.

If you are not pregnant, but are at risk for other medical reasons or treatments, you should have one dose of the **flu vaccine by injection**.

